

### **ABSTRACT OF THE DISCLOSURE**

A hockey stick having a longitudinal shaft provided with a longitudinal cavity and a method of construction of such a hockey stick are described herein. The shaft includes a hollow wooden core and a reinforcement layer. The hollow wooden core is advantageously made of two half-cores having a channel provided therein that are assembled face-to-face to yield the hollow wooden core. The reinforcement layer may advantageously include thin reinforcement strips of high modulus fibres and a layer of fibreglass fabric.